



**THE CITY UNIVERSITY OF NEW YORK
CREATIVE ARTS TEAM**
101 W. 31ST St, 6TH Fl, NY, NY 10001 • P: 212.652.2800
Creative Arts Team • www.CreativeArtsTeam.org

College & Adult Program

for Middle & High Schools, Colleges, & Community Organizations



All workshops are rooted in social-emotional learning. Through interactive theatre techniques, games and skill-building activities, CAT teaching artists use a student-centered approach to hone critical thinking, problem-solving, decision-making & self-advocacy.

AVAILABLE WORKSHOPS INCLUDE:

WHAT IS THE VALUE OF SCHOOL?

ACADEMIC SUCCESS: Many students face challenges that can affect their chances at success in higher education. These sessions encourage participants to identify obstacles to academic success, and explore strategies for academic achievement. (1-2 Days; for Middle School to Young Adults)

THE ART OF RELATING

COMMUNICATION: Relationships, personal and professional, are the network of life. This session identifies pitfalls and explores best practices for building effective communication and productive relationships. (1-2 Days; for High School to Adults)

MONEY ISSUES...

FINANCIAL LITERACY: This workshop focuses on financial management by examining spending habits, savings, investing, credit, and budgeting. By improving financial literacy, this workshop aims to help young people prepare for success and independent living. (1 Day; for High School to Adults)

IS THERE A PROBLEM? CONFLICT RESOLUTION/ VIOLENCE PREVENTION:

We are confronted with images and acts of violence on a daily basis in media and in our communities, which can have negative effects on us and our society. This workshop examines the origins and impacts of a volatile climate and builds skills and strategies to resolve and prevent adverse consequences. (1-2 Days; for Middle School to Adults)

A DIGITAL LIFE

MEDIA CULTURE: Participants take an in-depth look at attitudes and behaviors that can emerge from social media culture. These workshops explore digital communication, screen-addiction, risky behavior, apathy, and agency. (1-2 Days; for Middle School to Adults)

WHAT IS CONSENT?

TITLE IX: CUNY policies prohibit sexual harassment and sexual violence of any kind. In this workshop, participants explore the concept of consent and boundaries, and learn about resources and protocols of Title IX policies to help them co-exist and be productive in a safe academic environment. (1 Day; for Young Adults to Adults)

THIS IS AMERICA...

HEALTH AND WELLNESS: Behind the American dream lies the American struggle. How do we care for ourselves while facing challenges? How do contemporary issues affect our mental, physical, and emotional health? These workshops explore effective coping strategies for self-care, discover meaningful solutions, and define what it takes to be healthy in America today. (1-2 Days; for Young Adults to Adults)

BRIDGING THE GAP PARENTING IN THE MILLENNIAL AGE:

The 21ST century presents parents with challenges that former generations have never had to face. This workshop addresses present-day issues such as cyber-bullying, digital technology, the generation gap, and risky behaviors that affect children and their academic success. Participants explore positive, effective strategies to have productive conversations with children as they encounter daily challenges. (1-2 Days; for Parents & Caretakers)

ALTERNATIVE ENGAGEMENT OPPORTUNITIES

PROFESSIONAL DEVELOPMENT: This workshop assists participants in developing creative assessment processes that create a supportive social-emotional learning environment; participants will practice engagement strategies and discover alternative ways to support co-intentional learning. (1-2 Days)



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The CAP team provides education-through-theatre workshops, skill building activities, and interactive drama strategies. The team facilitates a participant-centered process to examine issues and behaviors that affect our everyday lives. These interactive sessions encourage participants to carefully examine the choices, decisions and consequences of various topics to promote problem solving, critical thinking, decision-making and self-advocacy skills that provide a platform to effectively resolve conflict and address social or academic issues. Through this method, students gain the capacity to raise awareness, discover solutions and develop alternative options to address the challenges presented.

CAP Partners Include:

CUNY LINCT To Success
CUNY BMI (Black Male Initiative)
Rikers Island
Homes for the Homeless
Fatherhood Academy
and more!

CAT COLLEGE & ADULT PROGRAM CONTACTS:

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David Mitnowsky, Operations Manager (Scheduling)
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Senior Actor-Teacher: Temesgen Tocruray
Actor-Teachers: Jennifer Gil, Joe Trombino, Reanna Roane
CUNY Service Corps Member: Whitney Edwards



CUNY • CREATIVE ARTS TEAM

CAT uses theatre strategies to engage, inspire, and educate.

WHO WE ARE: Founded in 1974, CAT is an educational outreach program at The City University of New York (CUNY), and in partnership with CUNY's School of Professional Studies, offers the nation's first M.A. in Applied Theatre – using theatre to facilitate, educate and activate. **WHAT WE DO:** Theatre cultivates a unique skill set that is indispensable for the 21st Century – primarily communication, collaboration, critical thinking and creativity. CAT enriches the lives of our participants through a pedagogy which combines educational drama strategies with research-based educational theories and practices to create participant-centered, interactive drama experiences. CAT offers a diverse array of programs for traditional and non-traditional populations. With four decades of dedicated school and community partnerships, youth and professional development programs, and our award-winning Youth Theatre, CAT has reached over a million students, educators, parents, community members and teaching artists in New York City, across the nation and around the world.

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