

## ABOUT US

### CAT's College & Adult Program (CAP)

The CAP team provides education-through-theatre workshops, skill building activities, and interactive drama strategies. The team facilitates a participant-centered process to examine issues and behaviors that affect our everyday lives. These interactive sessions encourage participants to carefully examine the choices, decisions and consequences of various topics to promote problem solving, critical thinking, decision-making and self-advocacy skills that provide a platform to effectively resolve conflict and address social or academic issues. Through this method, students gain the capacity to raise awareness, discover solutions and develop alternative options to address the challenges presented.

**ABOUT CAT** *Using the power of drama to change lives.* **WHO WE ARE:** Founded in 1974, CAT is an educational outreach program at The City University of New York (CUNY), and in partnership with CUNY's School of Professional Studies, offers the nation's first M.A. in Applied Theatre – using theatre to facilitate, educate and activate. **WHAT WE DO:** Theatre cultivates a unique skill set that is indispensable for the 21st Century – primarily communication, collaboration, critical thinking and creativity. CAT enriches the lives of our participants through a pedagogy which combines educational drama strategies with research-based educational theories and practices to create participant-centered, interactive drama experiences. The needs, strengths and learning styles of participants inform the actual content of workshops. CAT offers a diverse array of programs for traditional and non-traditional populations. With four decades of dedicated school and community partnerships, youth and professional development programs, and our award-winning Youth Theatre, CAT has reached over a million students, educators, parents, community members and teaching artists in New York City, across the nation and around the world.

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**CAT is a 501(c) 3 Nonprofit Organization. To support CAT's work, visit <http://bit.ly/SupportCAT>**

**CUNY • CREATIVE ARTS TEAM**  
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## THE CITY UNIVERSITY OF NEW YORK CREATIVE ARTS TEAM

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## College/Adult Program

for High Schools, Colleges & Community Organizations

### Partners Include:

CUNY LINCT To Success

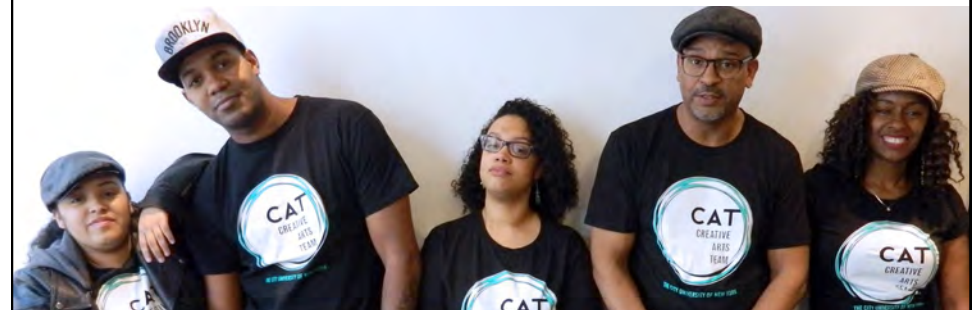
CUNY BMI (Black Male Initiative)

Rikers Island

Homes for the Homeless

Fatherhood Academy

and more!



### CAT COLLEGE/ADULT PROGRAM CONTACTS:

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All workshops are rooted in social-emotional learning. Through interactive theatre techniques, games and skill-building activities, CAT teaching artists use a student-centered approach to hone critical thinking, problem-solving, decision-making and self-advocacy.

## AVAILABLE WORKSHOPS INCLUDE:

### THE MISSING PEACE (Conflict Resolution)

This workshop addresses violence, social bias and cultural insensitivity. Explore what it takes to navigate and co-exist in a diverse environment.

### LET'S TALK ABOUT SEX

This session explores sexual health, identity and abuse with regards to Title IX.

### KEEP IT ON THE 'I' (Self-Care)

What does it take to be truly healthy? Personal health is multifaceted (mental, physical, emotional, etc.). This session addresses the challenges of diet, disease, drugs and distractions that hinder optimal well-being, and identify solutions to counteract them.

### DOLLARS AND SENSE (Financial Literacy)

Join us as we explore how to manage our finances by developing strategies to accumulate wealth and make our money work for us.

### "I HATE SCHOOL BUT LOVE TO LEARN" (Academic Enhancement)

Academic success is impacted by your relationships, study, practice and habits. Join us as we explore and identify strategies and resources to overcome barriers to academic excellence.

### COMMUNICATION IS A 2-WAY STREET

This session explores best practices and identifies pitfalls that inhibit effective communication in personal and professional relationships.

### PARENTING IN THE 21ST CENTURY

Parenting in today's society presents many challenges never imagined by former generations. This interactive workshop addresses common obstacles, including violence prevention, peer pressure, the generation gap, technology, risky behavior, and academic challenges, while exploring alternatives to help reach positive outcomes.

### COLLEGE READINESS

#### College and Career Exploration

How does a high school senior prepare for college? This interactive session helps participants make better choices in their college and major selection for a future career. Through drama and skill-building activities, participants will discover the options and resources available to help them make informed decisions in their college and career exploration.

### Overcoming Barriers (Conflict Resolution)

The process of graduating high school and entering college is filled with obstacles; however, with the right guidance, students can better navigate those challenges by accessing the right resources. This session helps students critically think about the choices, decisions and consequences of their own actions in terms of communication, resilience and self-efficacy to achieve their goals.

### CUNY-CAT College/Adult Team

Program Director: Keith Johnston

Associate Program Director: Priscilla Flores

Senior Actor-Teacher: Temesgen Tochruray

Actor-Teachers:

Jennifer Gil, Andrea Patterson

MA Apprentice: Ashleigh Bragg

## CAT ALSO OFFERS...

### FOR STUDENTS

#### ANTI-BULLYING INITIATIVE

Explore bullying prevention and conflict resolution by promoting a more inclusive, respectful community.

#### EMERGENT & ADOLESCENT LITERACY INITIATIVES

Enhance students' literacy, communication and critical thinking skills while supporting NYC Common Core Learning Standards.

#### HEALTH & WELLNESS INITIATIVE

Promote healthy choices and risky behavior prevention, including Mandated HIV/AIDS Curriculum and Evidence Based Interventions.

#### COLLEGE READINESS & SUCCESS

Explore the "soft skills" that are crucial to succeed in college and in life; including setting realistic goals, balancing priorities, effective communication, and the "4 A's:" *Attitude, Aptitude, Accountability and Adaptability*.

#### SOFT SKILLS FOR WORKPLACE SUCCESS

Explore interview skills, setting realistic expectations, balancing priorities, managing stress, effective communication, and more.

#### NYC STUDENT SHAKESPEARE FESTIVAL

Teachers & students build theatre and literacy skills through Shakespeare and come together for an annual Festival in an off-Broadway theatre.

#### AFTER-SCHOOL DRAMA

Theatre skills, games and performances, via CASA and other after-school grants.

#### CAT YOUTH THEATRE

Young people work with professional theatre practitioners to create original theatre in this free after-school program—*no audition required*.

### FOR SCHOOL STAFF

#### PROFESSIONAL DEVELOPMENT—ON-SITE OR AT CAT'S TRAINING CENTER:

- Approaching the Common Core through Interactive Storytelling
- Puppets & Puppetry in the Early Childhood Classroom
- Drama in the Early Childhood Classroom
- Group-Building Through Drama
- School Violence Prevention and the DASA
- Understanding Diversity/Promoting Cultural Tolerance through Drama
- Exploring Violence/Bullying Prevention through Drama
- Using the Danielson Competencies in your Classroom
- Young Adult Literacy (Pre-HSE Populations)
- Literacy Through Drama
- Bringing Literature to Life
- Shakespeare in the Classroom
- Student-Centered Questioning
- College Readiness and Access
- Parent Involvement
- Games! Games! Games! (Interactive Engagement Activities)
- ...AND MORE!

CAT is an approved NYC DOE Vendor.

CAT is an approved NYSED CTLE Sponsor.

In 2016-2017, 18,292 young people, teachers and parents from every community in New York City benefited from CAT programs. Share this information with your school and bring CAT to YOUR classroom!

Visit [www.creativeartsteam.org](http://www.creativeartsteam.org) for more information